

ADLENT CALENDAR



PLEASE USE HASHTAG **#ADLENTCALENDAR** TO SPREAD THE WORD

6 March			
UHT Milk 01	Dried Milk 02	Tinned fruit 03	Tinned Vegetable 04
Rice – 1kg 05	Tinned Soup 06	Mayonnaise 07	Tomato Ketchup 08
Brown Sauce 09	Long life Sponge Pudding 10	Tinned Meat 11	Tinned Fish 12
Vegetarian Chilli 13	Macaroni Cheese (tinned) 14	Cheese Ravioli (tinned) 15	Vegetarian Curry 16
Porridge 17	Spaghetti in Tomato Sauce 18	Potatoes (tinned & dried) 19	Tomatoes (tinned) 20
Rice Pudding 21	Ready made Custard 22	Instant Coffee 23	Tea bags (160 max) 24
Drinking Chocolate (instant) 25	Long life Fruit Juice 26	Fruit Squash 27	Savoury Crackers 28
Nuts 29	Sweet Biscuits 30	Jam 31	Peanut Butter 32
Marmite 33	Sandwich Spread 34	Noodles 35	Cereal Bars 36
Chocolate Spread 37	Honey 38	Olive Oil 39	18 April Table Salt 40

Please deliver to our central store:
St Mellitus Hall, 1 Church Rd
Hanwell
W7 3BB
(check our website for opening times)

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